Alice has medical records at 2 different Health Systems. She would like her husband, Bob, to have access to her records. She doesn't want to give him her user logins and passwords for each of her Patient Portals. She does not have a PHR.

- How can Alice provide consent to Bob to access her medical records?
- Be able to control the consent, revoke the consent?
- Know when Bob has agreed to become her care delegate?
- Know when he has accessed her clinical data?

Alice uses a Consent Application that utilizes the HEART specification to provide Bob access to her records:

1) Alice establishes her personal profile on the App
2) She selects the Source(s) of her clinical data
3) She adds individuals (Name, email address) that she would like to provide consent to AND/OR
4) She selects from a Provider Directory the names of providers she would like to provide consents to
5) OPTIONAL – she selects specific data sets in her clinical record that she wants to exclude for each person (example, exclude Lab Results)
6) She clicks “SEND INVITATION” to Bob
7) Bob receives an email invitation from Alice’s HEART Application and opens it
8) He clicks “YES” to agree to be her designee (T&C) and loads the app on his phone that will allow him to access Alice’s clinical information
9) Using the application that provides him consent he is able to have access to the information located in the Portals that Alice has approved.

The Patient Portals are HEART enabled, which means they are designed to allow the Patient the authority and ability to give others consent to access select information.